

# 實證護理 Evidence-Based Nursing

## 一、課程說明

本課程旨在讓學生能瞭解實證護理方法論的基礎，並具備進行實證護理的過程所需要的知識和方法，期能培養學生參與及執行實證護理的基本能力。本課程的內容包含實證護理的基本理論及方法，文獻的研讀與評讀標準，統合文獻的過程與方法等。

Evidence-based nursing practice is a elected first year nursing school course for students at the Chang Gung University of Science & Technology and is part of the longitudinal Master Curriculum. This course is designed to help nursing students engage in evidence-based health care (EBHC). This course provides basic knowledge regarding methodology of EBHC and gives students the confidence they need to appraise published research critically. It contains the fundamental knowledge of EBHC, appraising knowledge for clinical decision-making, identifying the research design, using model and strategies, using the clinical practice guidelines, generating and disseminating evidence, and appraising research.

## 二、教學目標

1. 瞭解實證護理之重要性；
2. 討論實證護理之概念及步驟；
3. 能針對臨床實務提出一個可回答的臨床問題；
4. 針對設定之臨床問題搜尋資料庫，並確認可用之文獻。
5. 描述統合分析之概念和基本技術；
6. 運用實證相關知識進行研究評價。
7. 統整系統性文獻查證(SR)後提出執行方案。